

October at the Latah Recovery Center

Alcoholics Anonymous

Every day, noon

Positive Affirmations

Mondays and Weds 1:10-2

Make Your Hobby Pay

1st Monday of month, 6-7pm

College and Career Info by Palouse Pathways

Monday, 6:30-8 10/23

Refuge Recovery 420 E. 2nd St

Mondays, 7pm

Yoga (Hosted by Moscow Yoga Ctr)

Tuesdays 12:30-1:30

Life Skills

Tuesdays 5-6

Chess w/Steve

Tues and Thurs 5-6

Narcotics Anonymous

Tuesdays and Fridays 6-7

Domestic Abuse Support Group

Tuesdays 6-7

Art w/Alex

Tuesdays 7-8

Prescription Addiction Support Group

Tuesdays 7-8

Families and Caregivers of Addicts Support Group

Wednesdays 6-7

How Are We Doing? Q and A with the Director

Wednesday, 6-8pm 10/11

New Volunteer Orientation

Thursdays 4-5

LAMI: Family Support Program

2nd Thurs of month 7-8:30

All Recovery Meeting

Fridays 5-6

Stepping Into a Healthier Life: Exercise

Friday 4-5, 10/13

Stepping Into a Healthier Life: Nutrition

Friday 4-5 10/27

Computer 101

Friday 7-8, 10/13

Movie/Games: Check website for listing

Fridays 6:30-9

Bingo

Saturday, 10/28 4-8

AA Speakers Meeting

3rd Saturday of month, 11-2:30

Learn How to Crochet & Calm Your Mind

4th Sat of month, 10-12

Adult Children of Alcoholics, Women's Meeting

Sundays 6-7:30

Classes and Groups are ALWAYS FREE OR AT COST AND OPEN TO ALL.

RSVP LatahRecoveryCenter@gmail.com Bolded=Regular offering. Plain text=Special offering for month.

Need an understanding person to talk to? We have Recovery Peer Volunteers here to help you in recovery from mental health and addiction issues all hours of operation. We are here to help!

Latah Recovery Center



a community of peer support