

October at the Latah Recovery Center

Recovery Coaching and Peer Support	Every day, and by appt.
Alcoholics Anonymous	Every day, noon
Positive Affirmations	Mondays, 1-2
Eat Smart Idaho: Free Nutrition Class	Monday Oct. 8, 4pm
Life Skills	Mondays, 5-6
Narcotics Anonymous	Mondays 6, Tuesdays 5:30, Fridays 5:30
Recovery Peer Volunteer Meeting	Last Monday of month, 6pm
Coffee w/a Cop w/Chief Frye	Tuesday 7am
Yoga (Hosted by Moscow Yoga Ctr)	Tuesdays 12:30-1:30
AA: Recovery With Kids	Tuesdays AND Saturdays 4-5pm
Chess w/Steve	Tues and Thurs 5-6
Free Meal or Snack Sponsored by Good Sam	Tuesdays, 5:30-out of food
Prescription Addiction Support Group	Tuesdays 7-8
Soup's On! A Tasting Benefitting LRC. Tickets \$20.	Wednesday Oct. 24, 11-12:30, 12:30-2
Organization and Task Mgmt Workshop with Katherine	Wednesday Oct. 24, 4pm.
Positive Affirmations	Wednesdays 5-6
Recovery International: Mental Health Self-Help	Wednesdays, 6:30-8
Recovery Radio on KRFP 90.3 OR Itunes and GooglePlay podcast	Thursdays, 1:10pm on air
New Volunteer Orientation	Thursdays 4-5
Recovering Parents w/Katie Stinson	Thursdays 5-6:30
Peaceful Art Practices	Thursdays 5-6
LAMI: Family Support Program	2 nd Thurs of month 7-8:30
All Recovery Meeting	Fridays 5-6
Movie/Games: Check website for listing	Fridays 6:30-9
PEER Social Activity: Wild at Art, 10am (RSVP rodsprague@nethere.com) Sat. Oct. 6	
AA Speakers Meeting	3 rd Saturday of month, 11-2:30
Learn How to Crochet & Calm Your Mind	4 th Sat of month, 10-12
Adult Children of Alcoholics, Women's Meeting	Sundays 6-7:30