

February at the Latah Recovery Center

Recovery Coaching and Peer Support	Every day, and by appt.
Alcoholics Anonymous	Every day, noon
Positive Affirmations	Mondays, 1-2
Life Skills	Mondays, 5-6
Recovery Peer Volunteer Meeting	Last Monday of month, 6pm
Stretch and Relax (Sponsored by Moscow Yoga Ctr)	Tuesdays 12:30-1:15
Chess w/Steve	Tues and Thurs 5-6
Parents in Recovery AA (Kids Welcome)	Tues and Sat 4-5
Narcotics Anonymous	Tuesdays 5:30, Fridays 5:30
Free Meal or Snack Sponsored by Good Sam	Tuesdays, 5:30-out of food
Addiction Support Group	Tuesdays 7-8
Mental and Addiction Self Help (MASH)	Wednesdays 4-5
Positive Affirmations	Wednesdays 5-6
Recovery International: Mental Health Self-Help	Wednesdays, 6:30-8
Recovery Radio on KRFP 90.3 OR Itunes and GooglePlay podcast	Thursdays, 1:10pm on air
New Volunteer Orientation	Thursdays 4-5
Recovering Parents	Thursdays 5-6:30
LAMI: Family Support Program	2nd Thurs of month 7-8:30
All Recovery Meeting	Fridays 5-6
Movie/Games: Check website for listing	Fridays 6:30-9
PEER Social Activity: Tabikat Drag Show (RSVP rodsprague@nethere.com)	Sat., 2/2-1/1, 9pm at 1912 Ctr
AA Speakers Meeting	3rd Saturday of month, 11-2:30
Learn How to Crochet & Calm Your Mind	4th Sat of month, 10-12
Adult Children of Alcoholics, Women's Meeting	Sundays 6-7:30

Classes and Groups are ALWAYS FREE OR AT COST AND OPEN TO ALL.

Bolded Date=Regular offering. Plain text=Special offering for month. Need an understanding person to talk to? We have Recovery Peer Volunteers here to help you in recovery from mental health and addiction issues all hours of operation. We are here to help!