

# May at the Latah Recovery Community Center

Recovery Coaching and Peer Support	Every day, and by appt.
Alcoholics Anonymous	Every day, noon
Positive Affirmations	Mondays, 1-2
Life Skills	Mondays, 4-5
Suicide Prevention: Question, Persuade and Refer	Monday May 6, 4-5pm
Recovery Peer Volunteer Meeting	Last Monday of month, 6pm
Stretch and Relax (Sponsored by Moscow Yoga Ctr)	Tuesdays 12:30-1:15
Chess w/Steve	Tues and Thurs 5-6
Narcotics Anonymous	Tuesdays 5:30, Fridays 5:30
Free Meal or Snack Sponsored by Good Sam	Tuesdays, 5:30-out of food
Addiction Support Group	Tuesdays 6:30-8
ECHO Online: Behavioral Health in Primary Care (SEE TOPICS ONLINE)	1 <sup>st</sup> and 3 <sup>rd</sup> Wednesday 11-12
Mental and Addiction Self Help (MASH)	Wednesdays 4-5
Special Nat'l Recovery Month Activities@1912 Ctr: Meet legislators,	Wed. 15 <sup>th</sup> , 22 <sup>nd</sup> and 29 <sup>th</sup> , 4pm
Planting and (@LRCC)Mental Health Walk	Wednesdays 5-6
Positive Affirmations	Wednesdays, 6:30-8
Recovery International: Mental Health Self-Help	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday 11:15-12:15
ECHO Online: Opioid Addiction and Treatment (SEE TOPICS ONLINE)	Thursdays 4-5
New Volunteer Orientation	Thursdays 4-5
Mental Illness Support Group	Thursdays 5-6:30
Recovering Parents	Thursdays 5-6:30 (Start May 16)
Write for You Writing Support Group (Open to all)	1 <sup>st</sup> and 4 <sup>th</sup> Thurs, 7-8:30
Write for You Writing Lab (Closed Group)	2 <sup>nd</sup> Thurs of month 7-8:30
LAMI: Family Support Program	Fridays 5-6
All Recovery Meeting	Fridays 6:30-9
Movie/Games: Check website for listing	4 <sup>th</sup> Sat of month, 10-12
Learn How to Crochet & Calm Your Mind	Sundays 6-7:30
Adult Children of Alcoholics, Women's Meeting	