

Therapists (cont.)

Araseli Solorio LMHC **+ (509) 868-2307
Casa Counseling on PsychologyToday.com

Sara Sevedge PhD, LMHC+ (509) 954-1088
Hope in the Hills Counseling
hope-in-the-hills-counseling-services.business.site

Kami Cornwall LMHC, LCPC (509) 432-3925
Cornwall Counseling
115 SW Blaine St. Ste. C cornwall-counseling.com

Michelle Miller LMHC**= (509) 595-3463
Mainspring Counseling
115 SW Blaine St., Ste. B mainspringcounseling.com

Debra Blaszk, LMHC, PLLC **+ (509) 720-6731
debra-blaszk.clientsecure.me
Spokane Valley but will see Whitman Co patients via telehealth

Moscow:

Scott Community Care*/**= (208) 882-3504
317 W. 6th St, Ste. 208 scottcommunitycare.com

Chas, Latah Community Health= (208) 848-8300
803 S. Main. Ste. 120
chas.org/locations/latah-community-health

Paradise Creek Counseling*/**= (208) 882-2566
530 S. Asbury, Ste. 4 paradisecreekcounseling.com
Specializes in Play Therapy

Educational & Psychological Services*/**/**= (208) 883-1144
316 S Jefferson eps-moscow.com

Julie Reynolds, LMHC, LCPC***= (210) 685-8974
112 W. 4th St, Ste. 5 (In the Moscow Hotel)
on PsychologyToday.com

Sophia Malmquist, LPC, LMHC, NCC= (208) 301-6314
505 S Mountainview Rd, Ste. 2
malmquistcounseling.clientsecure.me

Kathy Kwiatkowski, LMHC, LCPC ***= (208) 310-6774
505 S Mountainview Rd, Ste. 2 kathykwiatkowski.com
Specializes in Life Between Lives Regression Therapy, Past Life Regression Therapy & Hypnosis

Rhonda Allenger, LICSW, ACSW+ (208) 213-2642
Allenger Dialectic Therapies Allengerdt.com

Debby Florence Rubin LCSW ***= (208) 443-5180
Voices Counseling
116 S Jackson St., Ste. B voicescounseling.com

Isabel Gaila Barbutto, PsyD**/**= (208) 301-9534
Mental Wellness Coaching on PsychologyToday.com
Fee on Sliding Scale

Rebecca Bohn, LMHC+ (509) 999-4454
121 S. Jackson rebeccabohn.com

***Multiple Providers/ **Serves Children/ ***Provides EMDR**
+All visits via telehealth/ ~All visits in person/ =Both visit types

Downtown Counseling Group*= (208) 883-9927
109 S. Washington, Ste. 5
downtowncounselinggroup.com

U of I Counseling & Testing Center (CTC)*=(208) 885-6716
Forney Hall, 1210 Blake Ave, Room 306
uidaho.edu/current-students/ctc/counseling
Services are available to U of I students ONLY

Nicole Harbert, LPC, LMHC+ (208) 310-4578
Aspire Counseling Services
aspirecounselingservices.net

Andrea Masom, LCPC+ (208) 882-1289
106 E. 3rd St, Ste. 2B masomcounseling.com

Weeks & Vietri*= (208) 882-8514
818 S. Washington St. weeksandvietri.com

Idaho Dept. of Health & Welfare*/**= (208) 882-0562
Region II Behavioral Health Center
1350 Troy Highway, Ste. 2
healthandwelfare.idaho.gov/services-programs/behavioral-health

Crystal Paul, LCPC= (208) 883-7766
828 S. Washington, Ste. A crystalpaulcounseling.com
info@crystalpaulcounseling.com

Mary Stevens LICSW, LMSW ***= (208) 596-8118
828 S. Washington, Ste. A (208) 883-7766

Cheryl McGill, LPC, NCC= (208) 402-4430
Morgan Bond, LMSW~ (205) 440-2996
Moscow Counseling
828 S. Washington, Ste. C moscowcounseling.com

Caren Cox, LCPC**= (208) 882-2011
Moscow Family Medicine
623 S Main St
gritman.org/services-care-areas/psychiatry-mental-health

Troy, Pottlatch and Kendrick:

Caren Cox, LCPC**= at Gritman's Clinics:
Troy Clinic: (208) 835-5550
Pottlatch Family Care: (208) 875-2380
Kendrick Family Care: (208) 289-3841
gritman.org/services-care-areas/psychiatry-mental-health

Bovill:

Catherine Mundell CRC, LPC= (208) 826-3077
Mundell Rural Care
403 Alder St. Bovill on PsychologyToday.com

This guide, brought to you by the Palouse Advocacy League, was made possible by a contribution from:



Mental Healthcare Providers

Whitman County WA
& Latah County ID



This list is provided only as a resource and should in no way be viewed as an endorsement of the listed service providers by the Palouse Advocacy League or of any of its board members, founders, its president, or supporters.

Any omissions are unintentional, with the exception of providers who have reported that they are not currently accepting new clients.

To submit updates or corrections to this guide, or to request additional copies, please email:
PalouseAdvocacyLeague@outlook.com.

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www.facebook.com/PalouseAdvocacyLeague

Updated Winter/Spring 2022

Psychiatrists & Other Specialists Who Can Prescribe Medication for Mental Conditions, Emotional Disturbances and Mood Disorders

Pullman:

Deborah Blazzard, ARNP**=
Ruth Adepetun, NP**=
Chris Land, PMHNP - Intern**=
Patricia Wilson, DNP**=
Erik Bayona MD ** ~
Palouse Psychiatry & Behavioral Health
825 SE Bishop Blvd, Ste. 201 (509) 339-2394
palousebehavioralhealth.com

Ed Gogek, MD**=
Jill Elbracht, PNP**=
Dail Wararat, RN**=
Palouse River Counseling (509) 334-1133
340 NE Maple palouserivercounseling.org
Jennifer Wilkenson, APRN, DNP=
Lisa Marie Smith, MD +
WSU Counseling & Psychological Services (CAPS)
Washington Bldg: 1125 NE Washington St, Room 302
cougarhealth.wsu.edu/your-first-visit/ (509) 335-4511
Services here are available to WSU students ONLY.

Psychologists (PhDs) Who Conduct Evaluations/Make Diagnoses. Some provide treatment. Some refer to other providers.

Pullman:

George Langfield, PhD= (509) 334-0782
1240 SE Bishop Blvd, Ste. Q langfieldpsych.com

Ben Hemming Counseling Services, LICSW, PhD=
1240 SE Bishop Blvd, Ste. Q (801) 857-8033

Palouse River Counseling*/**/**= (509) 334-1133
340 NE Maple palouserivercounseling.org

Leslie Robison, PhD= (509) 332-2517
Palouse Medical 825 SE Bishop, Ste. 200

Chad Sanders, PhD=
Kim Caffrey, PhD=
Palouse Psychiatry & Behavioral Health (509) 339-2394
825 SE Bishop Blvd, Ste 201
palousebehavioralhealth.com

WSU Psychology Clinic*/**= (509) 335-3587
Johnson Tower 362 psychologyclinic.wsu.edu
Open to the public

Len McCoy, PsyD= (509) 715-6827
1256 SE Bishop Blvd, Ste N on PsychologyToday.com

Melanie Whetstone, PhD***= melaniewhetstonephd.com
Mark Summerson, PhD***+ marksummersonphd.com
Palouse Psychological Services (509) 330-5456
254 E. Main St., Ste 226

WSU Counseling & Psychological Services (CAPS)*=
Washington Bldg: 1125 NE Washington St, Room 302
cougarhealth.wsu.edu/your-first-visit/ (509) 335-4511
Services here are available to WSU students ONLY

***Multiple Providers/ **Serves Children/ ***Provides EMDR**
+All visits via telehealth/ ~All visits in person/ =Both visit types

Colfax:

Bill Gibson, PhD, ARNP~
Whitman Hospital and Medical Clinics (509) 397-4717
1200 W. Fairview St., **Colfax**
whmc.org/services/behavioral-health/

Moscow:

Laurie Gallegos, PA=
Idaho Dept of Health & Welfare (208) 882-0562
Region II Behavioral Health Center
1350 Troy Highway, Ste. 2
healthandwelfare.idaho.gov/services-programs/behavioral-health

Clint Emmett, MSN, RN, APRN, PMHNP-BC=
U of I Counseling & Testing Ctr (CTC) (208) 885-6716
Forney Hall: 1210 Blake Ave, Room 306
uidaho.edu/current-students/ctc/counseling/psychiatrist
Services available to U of I students ONLY.

Please note that any doctor with a designation of MD or DO after their name can prescribe appropriate medications including Family Doctors, General Practitioners & Physician's Assistants (PA).

Daniel Neighbors, PhD**+ (509) 232-1948
Neighbors Psychological Services www.nps.health

Moscow:

Counseling Center of the Palouse*/**=
814 S. Washington (208) 883-0619

Brian McNeill, PhD**+ (509) 769-3459
424 N. Lincoln St. brian-mcneill.clientsecure.me

Educational & Psychological Services*/**/**= (208) 883-1144
316 S. Jefferson eps-moscow.com

Martha Kitzrow, PhD= (208) 883-1842
106 E. 3rd St., Ste. 6

Susan Simonds, PhD+ (208) 892-1336
121 S. Jackson couplesmoscow.com
Specializes in couples counseling

Priscilla Hernandez Hacker, PhD **+ (208) 883-7766
828 S. Washington, Ste. A priscillahernandezhacker.com

Weeks & Vietri* = (208) 882-8514
818 S. Washington weeksandvietri.com

U of I Counseling & Testing Center (CTC)*=(208) 885-6716
Forney Hall: 1210 Blake Ave, Room 306
uidaho.edu/current-students/ctc/counseling
Services here are available to U of I students ONLY

Nikki Stypa PsyD= (208) 997-4325
Brightside Counseling and Evaluation Center
203 East 3rd Street

Therapists, Counselors and Social Workers (Masters Level—Treatment and Diagnoses)

Pullman:

Palouse River Counseling*/**/**= (509) 334-1133
340 NE Maple palouserivercounseling.org

Lori Woodward Bobo, EdS= (509) 330-6637
1610 NE Eastgate Blvd 250 growthlifecounseling.com

Mary Stevens, LICSW, LMSW***= (208) 596-8118
New Creations Counseling
165 NE Kamiaken, Ste. 204

Stacy Pettit, LICSW***+ (509) 204-5713
Holistic Connections (509) 432-6623
165 NE Kamiaken, Ste. 204
holisticconnections counseling.com

Victoria Howells, LMHC***+ (509) 631-9751
on PsychologyToday.com

Lisa Malcolm, PMH-C, LICSW***= (509) 339-5924
1035 NW Nye St, Ste. A on PsychologyToday.com

Kristin Anderson, LMHC, LPC***= (509) 332-9132
1035 NW Nye St. (Upstairs) illuminatepullman.com

Laura Rehwalt, MA, LMHC**= (206) 910-7138
LifeSpan Counseling mylifespanspantherapy.com
115 NW State St, Ste. 105 (Gladish Community Center)

Heidi Benjamin, LMHC, LPC+ (509) 332-0451
counselingbyphoenixrising.com

Jeana Boyd, MSW**= (509) 332-3548
Pullman Family Medicine 915 NE Valley Rd.
Services here available to Pullman Family Medicine patients only

Liana Shull, LICSW**/**= (907) 314-0594
1020 SE Latah brainbodybalance14@gmail.com

Nara Woodland~ nw.soundtherapy@gmail.com
Brain Body Balance Sound Therapy 1020 SE Latah
brainbodybalancesoundtherapy.com
Holistic Mental Health Services

WSU Counseling & Psychological Services (CAPS)*=
Washington Bldg: 1125 NE Washington St, Room 302
cougarhealth.wsu.edu/your-first-visit/ (509) 335-4511
Services here are available to WSU students ONLY

WSU Psychology Clinic*/**= (509) 335-3587
Johnson Tower 362 psychologyclinic.wsu.edu
Open to the public

Samantha Straub MSW, LICSW ***= (509) 330-5539
The Nest, Birth and Wellness
425 S. Grand Ave Nestbirthandwellness.com

Jane Jenkins **= (754) 227-9480
Root to Rise Psychological Services
330 N Grand Ave rtrpsych.com

(cont ►►)

Groups/Peer Support/Substance Recovery

Pullman:

Palouse River Counseling= (509) 334-1133
340 NE Maple palouserivercounseling.org

Palouse Recovery Center= (509) 334-0718
1240 SE Bishop Blvd, Ste. P
pullmanalcoholanddrugrehab.com

PAMI (Palouse Advocates on Mental Illness)+
jimzoe@tds.net (208) 835-3071 (208) 596-4614
Second Sundays 1- 4 pm.
*Meetings for those w/mental illness **and/or** family.*
Meetings currently online. Call or email for details.

Willow Center+ (208) 791-7192
willow-center.org

Online groups for grieving children & teens.

Cougs for Recovery= konul.karimova@wsu.edu
Alcoholism/Addiction
Recovery & Contemplation for Students.
Via Zoom & in CUB 208 Weds at 3 pm. Email for details.

Friends of Hospice (509) 332-4414
Colfax & Pullman  friendsofhospice
Adult Grief & Support Group.

12-Step Men Program+ (509) 592-3962
Online Sundays 7 pm. Call for details.

Moscow:

Latah Recovery Center= (208) 883-1045
531 S. Main latahrecoverycenter.org
A wide variety of groups (in person & online). Call for details.

Weeks & Vietri= (208) 882-8514
818 S. Washington St. weeksandvietri.com

WRAP (Wellness Recovery Plan)+
jimzoe@tds.net (208) 835-3071 (208) 596-4614
Wednesdays 4 - 5 pm.
*Meetings for those w/mental illness **and/or** family.*
Meetings currently online. Call or email for details.

Grief & Loss Support Group+ (208) 883-4395
Unitarian Universalist Church of the Palouse
uuchurch@palouseuu.org
1st Mondays 6 - 7 pm online. Call or email for details.

Vandals for Recovery Coffee Hour~
Thursdays 11:30-12:30. Email for location. aod@uidaho.edu
Student, faculty and staff peer recovery program.

Family Support Group~ (208) 882-3427
1912 Center, 412 E 3rd St. leecarolburkett@yahoo.com
2nd Thurs. 7 - 9 pm
For those supporting a friend or loved one with mental illness.

U of I Counseling & Testing Center (CTC) *+ (208) 885-6716
Forney Hall, 1210 Blake Ave, Room 306
uidaho.edu/current-students/ctc/counseling
Services here are available to U of I students ONLY

Local After-Hours Crisis Lines

Moscow/Latah Co, ID (208) 882-0562

Pullman/Whitman Co, WA (509) 334-1133

U of I Students Only (208) 885-6716 Option #3

WSU Students Only (509) 335-2159

Idaho Suicide Prevention Hotline

(208) 398-HELP (4357) **24/7**

w/chat: www.idahosuicideprevention.org/chat

w/text: (208) 398-HELP(4357) 3 pm - mid, M - F

Crisis Hotline Idaho (208) 788-3596 **24/7**

Washington Listens Support Line (833) 681-0211

9 am – 9 pm Mon-Fri, 9 am – 6 pm Sat/Sun

National Crisis Suicide Prevention Lifelines/Textlines - 24/7/365

For anyone:

call (800) 273-8255 (TALK)

EFFECTIVE JULY 16, 2022 you may dial **988** only

or chat online at

suicidepreventionlifeline.org/chat

For anyone: text HOME to 741741

For Veterans: call (844) 889-5610

For LGBTQ+ Young People:

call the TrevorLifeline (866) 488-7386

or text START to 678678

Behavioral Health Crisis Center, 24-Hour On-Call Services

Rural Crisis Center Network (RCCN)~

at the Latah Recovery Center

531 S Main, Moscow (877) 897-9027

Call ahead for services.

For information about the Palouse Advocacy League,
or to view the online version of this guide, visit:

www.facebook.com/PalouseAdvocacyLeague